



**JUNE MONTHLY NEWSLETTER 23**  
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**JUNE 2023**  
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**Core value of the month: JUSTICE**

The core value of justice requires us to give respect to one another. We all should gain self-knowledge and to do that we need to look in the mirror and judge ourselves so that we know ourselves. Justice does not only require that we judge others fairly, but also that we judge ourselves fairly.



# IMPORTANT MESSAGES



Having issues with paychex?

If you have any issues registering for their Flex account, please call this number at 281-588-1500 and enter extension 7102501.

Support will be available Monday-Friday, 8 am to 8 pm EST.

Summer School Hours for Richmond Public Schools

PK-8: June 20 to July 20 (Monday-Thursday)

Middle School Student Hours: 9:00 a.m. - 3:30 p.m.  
Teacher Hours: 8:45 a.m. - 3:45 p.m.

Elementary School Student Hours: 8:00 a.m. - 2:30 p.m.  
Teacher Hours: 7:45 a.m. - 2:45 p.m.

High School: June 20 (Tuesday first day) to July 20 (Monday-Thursday)

Session A: 8:30 a.m. - 11:30 a.m.  
Session B: 12:30 p.m. - 3:30 p.m.

Teacher Hours: 8:00 a.m. - 4:00 p.m.

Mending Fences Office Hours

Monday - Thursday, 9:00 a.m. - 3:00 p.m., as needed.

Don't forget!

The VMFA's African & African American Family Day Celebration will be held on June 17, 2023.

## JUNE BIRTHDAYS!

Mckenzie Page - 6th

Don Sanchez-Youngblood - 7th

Fred Johnson - 8th

Robert Norris -9th

Shareka Wyche -10th

Tazah Perry -10th

Keon Whitted -13th

Teeunya Baxter - 16th

Jumaun Plummer - June 16th

Trameisha Jeffries - 29th



# MESSAGE FROM MRS. PARKER BRANCH

## MENDING FENCES

CEO Message,

Greetings, Mending Fences Team,

As we close out the 2022-2023 school year, I would like to take this opportunity to thank you for everything you have done to make this a successful year for our students and perhaps other students in your building. I'm thankful and appreciative of the remarkable group of employees who come to work each day and bring value to our company. Thank you for your hard work and the caring spirit displayed towards our students. Your commitment is outstanding, and our students are the beneficiaries. Thank you for providing a wondrous joy that some students show each morning when they see you; thank you for fostering curiosity and working with them on developing and mastering some of the goals needed to succeed. I am truly grateful!

In closing, I take this opportunity to congratulate the employees who have been with their students throughout their high school years and are now graduating. I know this is bittersweet for you. But remember, you were a big part of why they walked across that stage! So be proud! I wish you all a very happy, safe, and enjoyable summer. Please be sure to take time to spend with friends, family, and loved ones.

With Appreciation,  
Marian Parker Branch

### TIPS ON STAYING COOL IN THE SUMMER!

First and foremost-Always, stay hydrated and drink LOTS of Water!!

Avoid excessive caffeine and alcohol-these promote dehydration

Eat plenty of fruits and vegetables-certain foods weigh you down

Wear loose, light clothing-cotton typically keep you cooler

Exercise during cooler times to cut down on exertion

Take frequent baths or showers with cool or tepid water

Finally, enjoy your summer break; however, use common sense. If the heat is intolerable, stay indoors and avoid activities in direct sunlight.

# AWAWARENESS MONTH



## GUN VIOLENCE AWARENESS

Gun violence is a national public health epidemic that exacts a substantial toll on the U.S. society. Gun violence includes homicide, violent crime, attempted suicide, suicide, and unintentional death and injury.

According to the Centers for Disease Control and Prevention (CDC), more than 38,000 deaths from firearms (including suicides) occurred in the United States in 2016, and nearly 85,000 injuries from firearms occurred in 2015.

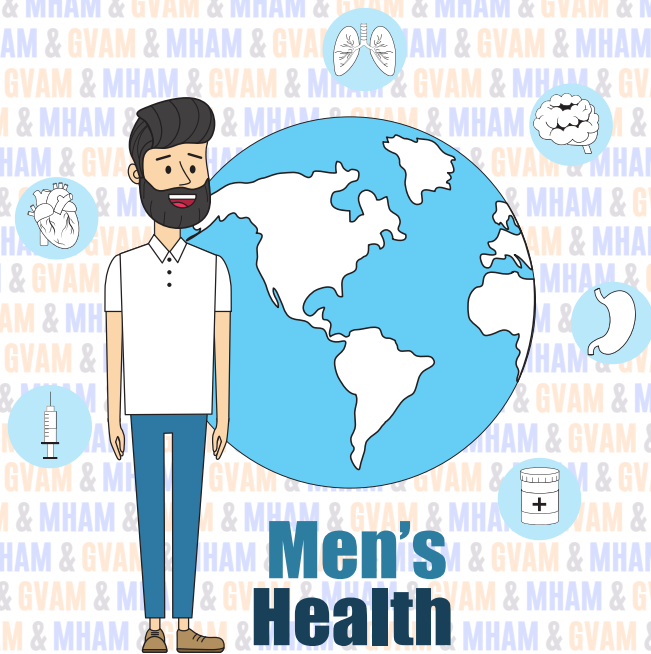
That's an average of 105 deaths and more than 230 injuries from firearms each day.

Gun violence affects people of all ages and races. Family physicians care for victims of gun violence and their families every day. These physicians, who witness the substantial impact firearm-related violence has on the health of their patients, families, and communities, have the power to help improve the safety and wellbeing of those groups.

## MEN'S HEALTH AWARENESS

As this month is also men's health awareness, it's important as men to consider your health!

Be sure to get plenty of sleep, as 7 to 9 hours is the goal. Staying active is also a must, as it can reduce the risk of serious diseases like prostate cancer and diabetes. As over 6 million men suffer from depression per year, take the time to prioritize yourself. Be sure to schedule screenings for yourself, and search on information regarding self-exams as well.



**Men's Health**



# MENTAL HEALTH AWARENESS CONVOCATION!

FOLLOW OUR LINKEDIN FOR MORE! THANK YOU FOR YOUR ATTENDANCE MENDING  FENCES



Last month our Mental Health Awareness convocation was a space where we were able to discuss the power of mental health and it's impact on our lives daily. Thank you to Mr. Branch & Mrs. Parker Branch for providing their insight and encouraging words.



# A HUGE SHOUT OUT TO OUR GRADUATES!



## LATRELL WINKEY

My name is Latrell Winkey and I am excited to announce that in May 2023, I will graduate with my Bachelor's degree in Psychology from Virginia Commonwealth University (VCU). As my journey continues, I plan to focus on earning my QMHP-C while doing the things I love most: spending time with family, traveling, and dedicated to improving lives! I would like to thank Mending Fences for allowing me to get this amazing opportunity to help improve lives!

## CHARMILLE BROWNE



Being an intern at Mending Fences was a unique experience where I was challenged, inspired and learned something new every day. From walking in on my first day until leaving six months later, I gained so much knowledge and experience I didn't know I would have before I started. From the beginning, I was met with respect and understanding. I was treated as an employee, not just an intern. If there was something I didn't know, there was always someone to ask for help. My experience has brought me closer to my goals and I am excited for what the future has to bring!

## TIANA LUGG



Tiana Lugg of Jamaica Queens, NY graduated magna cum laude with a B.A in psychology, with a 3.7 gpa. She will be moving to Georgia to enter the workforce!

## AZHANE BACOT

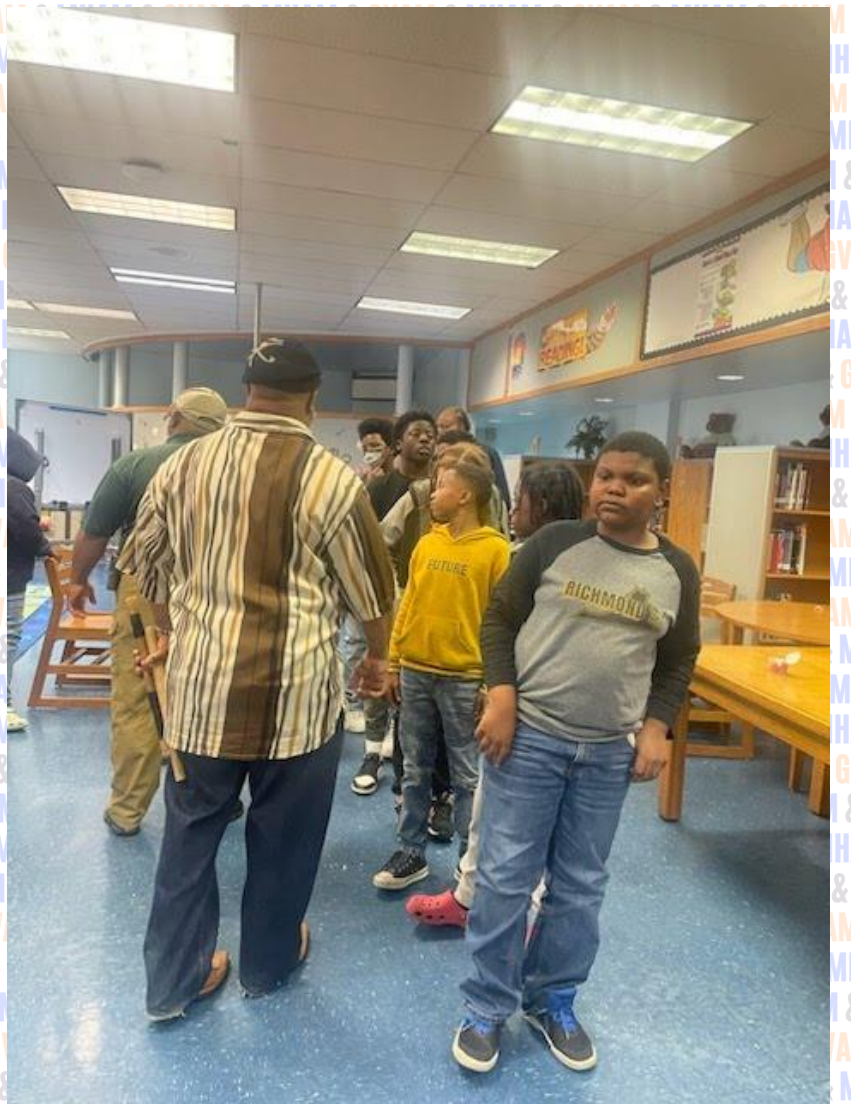


Ms. Bacot (VSU Graduate), we are elated to congratulate you on your accomplishments, and we thank you for your contributions to Mending Fences!

## BENAE JOHNSON

Ms. Johnson (VUU Graduate) , we thank you for your efforts here with Mending Fences!

# PHOTOS FROM OUR EFFORTS/EVENTS!



# YOUNG KINGS AND QUEENS IN ACTION!

YKIA/YQIA (Young Kings/Young Queens In Action) is a mentoring program for male and female students in which Mending Fences LLC. has partnered with RPS at MLK and Fairfield Court Elementary.

The program is designed to help students at the elementary and secondary levels develop positive learning for academic achievement, social skills, and awareness about themselves and their communities through curriculum-based activities throughout the school year.

They participate once a week in activities where they work collectively in a forum setting on skill-building activities, positive words of the week, and motivational speakers to help them focus on the four points of emphasis (academics, grades, attendance, behaviors) to be successful in the school setting.



## FAIRFIELD ELEMENTARY CAREER DAY



## VUU CAREER DAY





**TEAM, LET'S HAVE A GREAT MONTH!**

